





Curriculum Vitae

2000-0002

Edition of the: 07/10/2021



liss

DEMO

Bosun

Antibes Present location

British Nationality:

Date of birth: 20/12/1996

07.90.90.90.90 Mobile phone:

laura.demo@gmail.com Email:

English -French -German Language:

NO Smoker

Visible Tatoos NO

Driving Licence: YES

Marital Status Single

Sex: **FEMALE**

Age:

24 Years 9 Months 13 Davs

STCW Expiry	Medical Expiry	Passport Expiry	Visa	France expired 2018 - 10 Maroco expired 2020 - 06
11/05/2023	11/04/2023	01/05/2030		Senegal expired 2017-05

Training Qualification:

2019-2021 Lycée d'Hôtellerie et de Tourisme Paul Augier, Nice, France 2nd year "BTS Tourism" (Equivalent to BTEC Higher National Diploma in Tourism)

2016-2019 Lycée Alexis De Tocqueville, Grasse, France "Baccalaureate Economic and Social Series" - with highest honours -Italian European Section (Equivalent to A-Level in economy with honours, Italian language European section)

2012-2016 Collège Le Pré des Roures, Rouret, France "Brevet des collèges" - with highest honours - Section européenne Italien -(Equivalent to GCSE'S with honours with Italian language European section)

Objective:

1 am looking to secure a seasonal or permanent Stewardess position and have management of a crew house, nanny/au pair & masseuse experience.

Whilst completing my high school education I au-paired for a private family, and then went on to pursue a career in the yachting industry. Currently, 1 am a manager of the Crew Grapevine. My roles include housekeeping, laundry, customer service and general

Throughout my previous experience my friendly nature, strong work ethic of commitment and responsibility has assisted me to work with diverse cultures and all kinds of personalltles,

1 am a hardworking, independent individual who is eager to succeed in the yachting industry. 1 am an individual who likes to get the job done.

1 believe I will be an asset to any crew and I look forward to being part of any crew that I am fortunate enough to join.

Maritime qualification:

- Holistic Massage (Healing Hands 1 nternational)
- Advanced Scuba Diver (NAUI World¬wide)
- PY A Stewardess Course (Valid till

January 2021)

- RYA Powerboat Level 2
- RY A VHF Radio
- Super yacht Laundry Course
- **Designated Security Duties**

STCW-95-

- Seafarer Medical Certificate / ENG 1 (Valid till 18-01-2018)
- Marine Fire Fighting (Valid till 26-01- 2021)
- Medical first aid (Valid till 21-01-2021)
- Personal Safety And Social Responsibility (Valid till 30-01-2021)
- Personal Survival Techniques (Valid till 28-01-2021)

Work Experience:

May 2016 until present Crew Grapevine Crew House, Antibes.







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1 am part of a dynamic management team of several properties located in the old town of Antibes. A total of over 70+ quests. My role consists of guest relations, money management, housekeeping, changeovers of beds, organizing events, handling reservations, and offering support to crew in general.

March 2015-November2015 Au-pair (part-time) Collecting Lutho (7 years old) from school.

Taking to extra-mural activities & helping with homework. Assisting with child care needs. (dressing, feeding, reading to etc.) Personal assistant Preparing refreshments and beverages

2015 Waitress (part-time) Cesco's Restaurant & Bar

Waitressing, food and beverage service, setting and un-setting tables.

Providing a professional, friendly service to the customer.

2014 & 2015 (during holidays) Data capturer for on-line baby products Net Baby

Administrative. Added product codes on-line and helped with administrative duties.

Profile:

- Positive attitude and good work ethic
- Strang team player
- Keen eye for detail
- Well-presented and professional
- Friendly and conscientious

References:

- Captain Jason Downes 3000t/ Owner Crew Grapevine +33 619032652 info@crewgrapevine.com
- Rayno: Česco's bar +27 76 3302711
- Phindi: Au-pair mom +27 84 5965457
- Nicky: owner of Net Baby: +27 83 2709717
- Supercrew Training: Owner and Chief Instructor, Supercrew Training, South Africa

Alison Rese: oceanpotions@gmail.com .Tel: +27 79 5915314

Healing Hands: Yolanda info@healinghands.co.za Tel: +27 810088663

Interets & Hobbies:

1 am an adventurous person, and my hobbies include scuba diving, massaging, cooking, and learning new things such as art and anything in the creative field. 1 love working with people and being part of a team. Staying active and healthy is important to me, however, 1 also do enjoy relaxing with a good movie or book.

I personally thrive in a team environment and love socialising with friends. My favourite thing to do is to go and see live music, particularly festivals. I enjoy practicing mindfulness at home and love keeping fit with both cardio and weight lifting. I thoroughly enjoy spending time and looking after my Niece and Nephew who are both under the age of 4, it enables me to have fun and teach. I like reading fictional stories and finds this helps me wind down. I am a lover of wine and would like to further my knowledge about this in time.

Previous Work:

The Interior Crew course I have recently completed was taught by a very experienced ex Stewardess who worked on board superyachts for 7 years. This was a great experience as we could ask and learn about detailed requirements of the job and life on board. The training introduced me to a multitude of activities; laundry and the processes on board (washing, ironing, folding techniques and packing for guests), cleaning (products and their uses and to what standard), housekeeping (including bed making and turndown) and Silver Service training (including napkin folding variations). One evening we held a cocktail event where myself and the other trainees prepped the event (including flower arrangements) and made and served cocktails to guests throughout the evening as weil as serving canapes. We also got to spend an afternoon with a Wine Merchant who taught us how to taste wine, the various grapes and how to choose the best wine to compliment specific foods. I am now looking to take what I have learnt from this course and further develop the skills and knowledge needed to be a successful Stewardess.